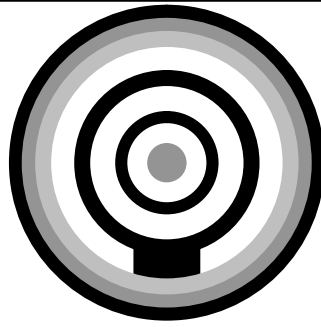
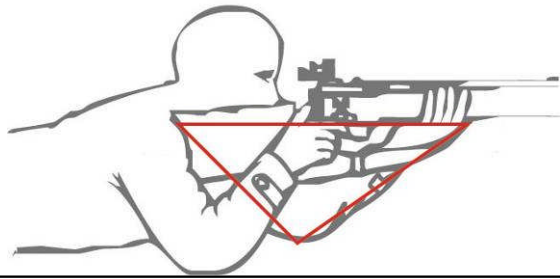


## Target Rifle and F Class Shooting

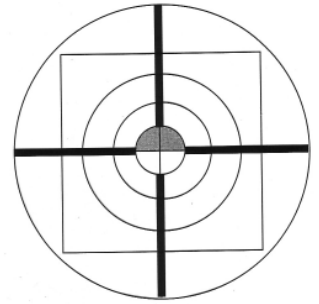
Club shooting on Duncan Range is held on Saturday afternoons from 1.00 pm at ranges between 300 and 1000 yards.



**Sight Picture**

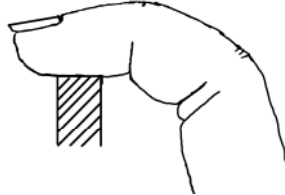
◀ Iron

Optic ▶

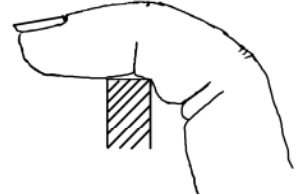


### Prone Position

- All parts of the rifle must be visibly clear of the ground.
- No part of either arm, other than the elbows, may touch the ground.
- The wrist bone must be at least 10cm clear of the ground.

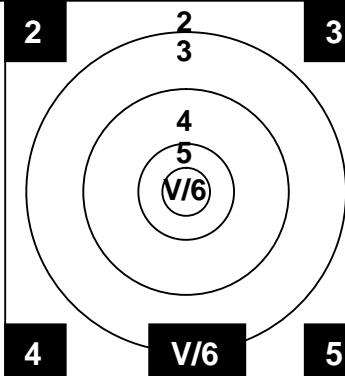


**Trigger Finger Position**



### Scoring

- A spotting disc is placed in the shot hole on the target.
- The value of the shot is indicated by placing a value disc on the target as shown.
- The scorer uses a telescope to see the location of both discs and records the value on a scorecard or plot sheet.



### Target Rifle & F Class Target Sizes in mm

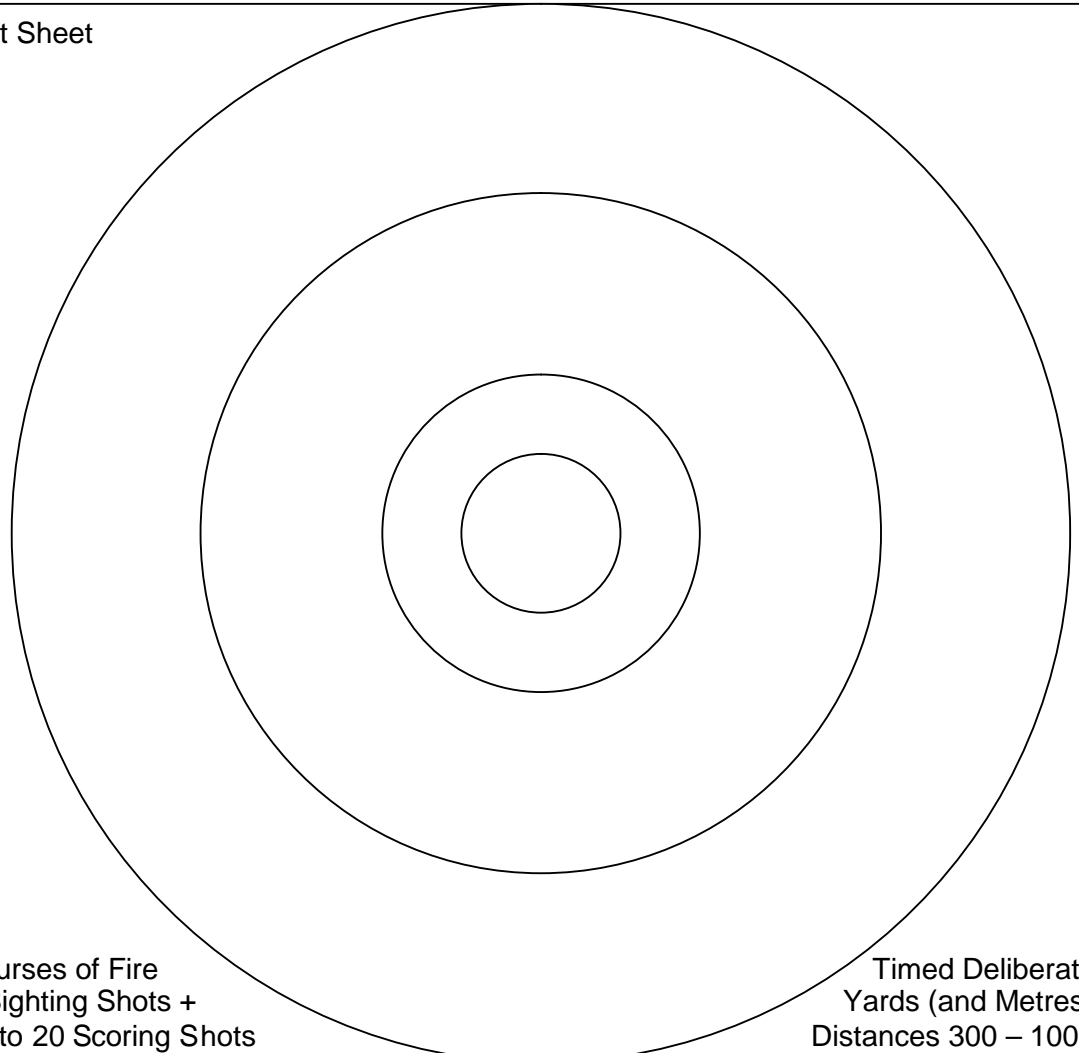
Range Yds	TR/FC Std Aim Mark	FC Open Aim Mark	Size of Target
300	535	436	1200 x 1200
400	535	727	1200 x 1200
500	840	727	1200 x 1200
600	840	1164	1800 x 1800
700	840	1164	1800 x 1800
800	1020	1164	1800 x 1800
900	1020	1164	2400 x 1800
1000	1020		2400 x 1800

Name \_\_\_\_\_

Date \_\_\_\_\_

Coach \_\_\_\_\_


Plot Sheet



Courses of Fire  
2 Sighting Shots +  
up to 20 Scoring Shots

Timed Deliberate  
Yards (and Metres)  
Distances 300 – 1000

## History

The British National Rifle Association (NRA) was founded in 1859.

The first long range rifle shooting match was held at Wimbledon in 1860.

The first team shooting competition was held at Wimbledon in 1861. Three English public schools teams took part – Eton, Harrow and Rugby. Each school had a team of 12 members in cadet uniforms. Each competitor fired 5 shots at 200 and 500 yards. The target had only two rings, so that the highest possible score for each team could be 220 points. The Rugby team won with 91 points. Minie muzzle loading rifles were used.

Lugs J., 1968, *A History of Shooting*, Knihitsk, Prague

## Commonwealth Games

Bruce Scott won Gold for Australia in the Individual Fullbore Rifle Match in Melbourne 2006.

James Corbett won Bronze for Australia in the Individual Fullbore Rifle Match in Melbourne 2006.

Bruce Scott and James Corbett won Silver for Australia in the Fullbore Pairs Rifle Match in Melbourne 2006.

## World Long Range Championships

Australia won the Australia match on 29 June 2006 defeating Great Britain and New Zealand.

Australia will compete in the Palma Match at Ottawa Canada in 2007.

## Basic Safety

- Always point the firearm in a safe direction.
- Except when shooting, bolts shall be removed from the rifle at all times.
- While loading the rifle and once loaded, the muzzle must be pointed in the direction of the target.

## Standard Shooting Rules (SSRs)

Issued by the National Rifle Association of Australia (NRAA), available from QRA.

- Approved single shot, bolt action rifles.
- Approved shooting coats, mats, gloves, hats, slings and telescopes are permitted.
- Hearing protection must be worn.

## Target Rifle

Calibre 7.62mm (.308)/5.56 mm (.223)

Trigger Pull 1.5kg minimum

Sights Adjustable aperture

Weight 6.5 kg maximum

## F Class Standard Rifle

Calibre 7.62mm (.308)/5.56 mm (.223)

Trigger Pull 1.5kg minimum

Sights Any

Weight 6.5 kg maximum

## F Class Open Rifle

Calibre 8mm maximum

Trigger Pull No limit

Sights Any

Weight 9kg maximum

# Target Rifle Shooting

## Belmont Shooting Complex

Qld Rifle Association – Rex Wigney 3398 4309

Mon – Fri 8.30 – 4.30

